

Beating Burnout

Winning Strategies for Overcoming Overwhelm

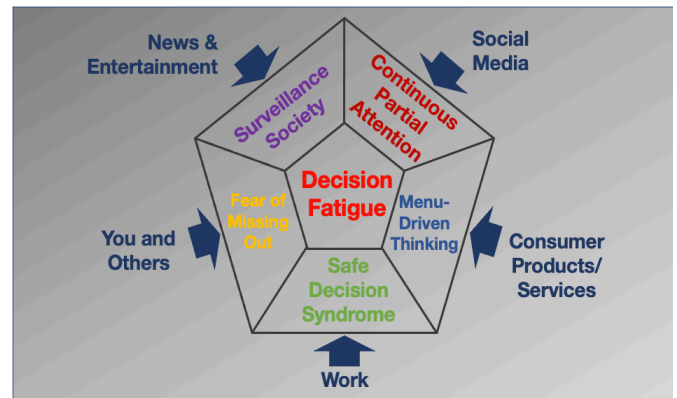
with Bob Wendover



Burnout. What impact is this scourge of everyday business having on your organization's revenue, productivity and customers' experience? Today's overwhelming number of daily decisions drain your team of the energy they need to think critically and make the best choices. Or they simply stop making decisions all together to ease the mental strain and to avoid the chance of screwing up. Sound familiar?

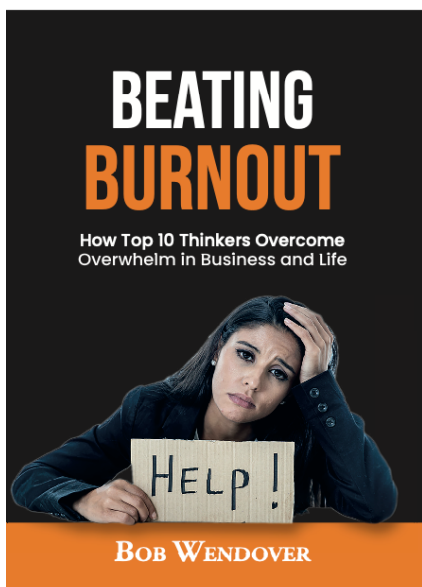
Let Bob Wendover, the award-winning author of *Beating Burnout: How Top 10 Thinkers Overcome Overwhelm in Business and Life* show your team how the best decision makers manage this daily chaos — and come away with their sanity intact. This practical, uplifting, smart (and sometimes hilarious) session will have those attending walking away with nine proven strategies guaranteed to overcome this daily nightmare for so many of today's contributors.

"I cannot say enough about your style, both humorous and engaging. I believe this added substantially to the success of the day. We thoroughly enjoyed our time with you in which you combined learning with laughter." Mark Goldstein, D.V.M., President San Diego Humane Society



Selected Clients

Chevron USA
American College of Healthcare Executives
Association for Manufacturing Technology
Food Marketing Institute
Energy Generation Conference
Colorado Rockies Baseball Club
Construction Users Roundtable
International Sanitary Supply Association
Intel Corporation
Kaiser Permanente
International Association of Assembly Managers
McLane Company
American Subcontractors Association
Sartorius North America
Shell Oil Company
Naval Surface Warfare Center
Idaho Power Company
Western Association of Food Chains



Walk away with these strategies and insights:

- Three questions guaranteed to short meetings
 - How to eliminate your APPoplexy in less than two minutes a day
 - How to bring inefficient meetings to a close without offending the person running them.
 - How the words "other commitment" can help you escape from any unwanted task
 - How one senior executive NEVER works on the weekends and only 10 hours per day
 - The ONE question that must be asked before making any decision of consequence.
 - How to frame commitments with time-limiting phrases
 - How one company owner has compelled his people to get to the point in all meetings and interactions.
 - Three proven steps to limiting your interactions with difficult and time-consuming people
 - Why keeping a deck of playing cards on your desk can save you as much as an hour a day
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Bob Wendover has been helping companies adjust to workforce trends for more than 30 years. He is the award-winning author of 12 books including *Crossing the Generational Divide*, *Figure It Out*, *Two Minute Motivation* and *Beating Burnout*. Bob has conducted more than 1500 keynotes and seminars over the past 30 years. But he's no "sage on the stage." He was conducting interactive keynotes way before the term was in vogue. Adults learn best when they're interacting. That's the type of session at which Bob has become a master. He's appeared on CNN, CNBC and a host of other media outlets. He's written for major publications across the US. He has served on the management faculty of the University of Phoenix and as a special advisor to the American Productivity and Quality Center. Bob has spoken everywhere from the towers of Wall Street to the bush of Alaska. He will entertain you. He will inform you. But most important, he will provide strategies that "move the needle."



Beating Burnout

can be delivered as a virtual, hybrid or in-person interactive seminar of any length of up to four hours. It can also be delivered as a webinar of up to two hours. A self-paced version of this course will be available later in 2022.

**Planning a meeting or know of an event
where this topic would be a good fit?**

Let's connect about the possibilities!
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