



Has your workplace become an amusement ride where the floor and walls keep moving?

Join Bob Wendover, CSP, for a fun, uplifting, and 100% practical look at how to face down the feelings of stress, fatigue and burnout so prevalent in today's workplace. Based on interviews and observations of 3000 top performers, learn what they do to recapture time, energy and focus while keeping their sanity intact. No theory. Just tactics. With a generous dose of laughter and engagement. Guaranteed!

"Your session was just what I needed."

Senior Manager, American Academy of Dermatology

*"Thank you so much for the best session
I attended yesterday."*

Director, Chapter Services, DBS Alliance

"Your session was SO helpful!"

COO, Association of Professional Chaplains

** includes an autographed copy of
Overcoming Overwhelm for every attendee.*

Bob Wendover is the award-winning author of *Overcoming Overwhelm: Recapture Your Time, Energy and Focus*. He has spent the past 35 years showing employers how to adapt to the ever-evolving workforce. In this high-energy, interactive session, Bob reveals how top performers avoid the demands and distractions of today's workplace. Attendees have raved about his down-to-earth approach to one of life's biggest challenges. Bring Bob in for one of the most meaningful and results-oriented sessions your team has seen in years.



Call 1-800-227-5510 to check availability for your next event or email bobw@commonsenseenterprises.net